

Senior Solutions

Expert home care with compassion

BY AMY MORRIS
Correspondent

Senior Solutions of the Treasure Coast has been providing competent, compassionate care to the elderly since 2002. Administrator Linda Marques, a caregiver for nearly 30 years, has worked with many families faced with the difficult decision to bring outside assistance into the home.

Senior Solutions provides peace of mind to families. They can rest easy knowing the needs of their loved ones are being met by an experienced team of home-care providers. These include RNs, LPNs, Certified Nurses Aides, Home Health Aides and Homemaker Companions who offer hands-on personal care, transportation, meals, nursing home companionship, wound care, medication management, light house-keeping and more.

Clients seek Marques' help for a variety of reasons. Some need extra assistance after a hospital stay, or they need someone to keep an eye on a frail and forgetful parent. Sometimes primary caregivers need a qualified professional to help share responsibilities. No matter what the situation, Senior Solutions aims to help their clients live their lives with dignity and respect within their own homes.

Senior Solutions is open 24 hours, seven days a week and provides non-medical wheelchair-accessible transportation. Its motto is "Taking care of yours as if they were ours." The company is building on this family feeling by hosting its first-ever Seniors, Friends and Family Festival on March 13. The day-long event will be held at Sugarhill Place in



PHOTO BY AMY MORRIS

Senior Solutions' caring staff includes, from left, Linda Marques, administrator; Theresa Minnis, home care coordinator who also handles community relations; Lee Ann Santos, alternate administrator; and Carmen Minnis, administrative assistant.

Jensen Beach and is free and open to the public.

"It's all about educating seniors about their rights and resources, which is a necessity," said Theresa Minnis, Home Care Coordinator.

Attendees will enjoy live entertainment provided by the Sha-boom's, DJ Mr. G, an Elvis impersonator and the Hidden Harbor Hustlers senior dance troupe. Therapy dogs from Martin Memorial will also be present, as well as a variety of vendors, including home health agencies, medical supply companies, elder care attorneys, banks, Realtors, mortgage brokers and more. Representatives from the Council on Aging, Veterans Affairs, the AARP, Treasure Coast Hospice and the Alzheimer's Association will also be there to hand out information and answer questions.

"Our goal is to inform seniors that they have a choice about where they receive care," said Lee Ann Santos, alternate administrator.

Festivalgoers can also receive free blood pressure screenings and prizes.

Senior Solutions is still booking vendors for the event. Businesses and organizations who have valuable information to share with seniors and their families should call (772) 334-0424. Spaces are \$35 apiece and includes the tent and insurance.

Senior Solutions of the Treasure Coast, Inc. is located inside Sugarhill Place at 3388 N.E. Sugarhill Ave. in Jensen Beach. The first annual Seniors, Friends and Family Festival will be held there from 10 a.m. to 4 p.m. March 13. For more information, call (772) 334-0424 or go to www.sshomecare.com.